

BREAST THERMOGRAM VS. MAMMOGRAM

Breast Thermography and mammography are two completely different screening modalities. Breast Thermography measures the physiology of your breasts - in other words, the tissue functioning. Mammogram is a type of structural imaging, detecting structures/lumps. In order to detect a lump on a mammogram, that lump has to grow to a certain size. This process (lump growing process) can take up to 5 - 10 years. That means that your annual mammograms can come back negative even-though there is a developing lump in your breast tissue but this structure might not be large enough to be detectable.

On the other hand, breast thermography is not looking for structures/lumps because we know that once the lump is detected, it has been growing for several years. Since breast thermography detects tissue changes, it has the ability to monitor thermal (heat) abnormalities within your breasts, even before a structural change/lump forms. These thermal abnormalities include new blood vessel formation that is typically present when a tumor is forming. Thermal (heat) asymmetries visible on your breast thermogram correspond with the physiological changes currently occurring in your body.

Moreover, regular (annual) breast health monitoring with breast thermography can provide the earliest warning signs of possible evolving pathology without having to wait for years. So don't wait, start your breast health prevention today with a breast thermogram.

Mammogram

- Uses harmful ionizing radiation (cancer causing agent)
- Radiation stays in your body forever (accumulative effect)
- Involves painful compression
- Compression can damage breast tissue
- Structures/lumps have to grow to a large size before detectable
- Not effective for women with dense breast tissue
- Not effective for women with fibrocystic breasts
- Not effective for women with breast implants
- Not recommended for younger women/teens

Breast Thermogram

- No radiation
- Closer monitoring available without being exposed to radiation
- No painful compression
- Detects early warning signs before a lump formation
- Effective for women with dense breast tissue
- Effective for women with fibrocystic breasts
- Effective for women with breast implants
- Effective for younger women/teens
- Supported by many physicians including Dr. Mercola
- Comfortable
- Convenient
- Affordable